

# Turkish Kitchen



TURKISH-KITCHEN.RESTAURANT



TURKISH KITCHEN HERTFORD



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## APPETISERS

### MIXED OLIVES 4.5

Marinated black and greens olives

### HUMMUS 5.5

Mashed chickpeas blended with tahini, lemon juice and garlic finished with a touch of olive oil

### TARAMASALATA 5.5

Salted and cured cod roe mousse finished with lemon juice and olive oil

### CACIK 5.5

Strained yoghurt mixed with cucumbers, garlic, salt and olive oil

### SHAKSHUKA 5.5

Gently cooked aubergines, diced tomato, mixed peppers, herbs finished in a special tomato sauce

### BABAGANOUSH 5.5

Smoked aubergine purée with yoghurt, garlic and tahini

### AVOCADO & PRAWN COCKTAIL 9

Served on a bed of lettuce, topped with avocado and homemade cocktail sauce

### FALAFEL 7

Blended chickpeas, broad beans and vegetables, deep fried until crispy and crunchy served on a bed of creamy hummus

### SIGARA BOREGI 7

Homemade filo pastry, filled with feta cheese, spinach and red onion

### IMAM BAYILDI 6

Roasted aubergine, stuffed with tomato, onion mixed peppers, nuts and herbs

### YAPRAK SARMA 5.5

Stuffed vine leaves with rice, pine kernels and blackcurrants with olive oil

### HALLOUMI 7

Grilled Cypriot cheese with olive oil dressing

### HALLOUMI & SUCUK 7.5

Char-grilled Halloumi cheese & spicy Turkish sausage

### SUCUK 7

Char-grilled spicy beef sausage cooked over charcoal

### CALAMARI 7.5

Fried fresh squid, served with homemade tartar sauce and lemon

### CREAMY GARLIC MUSHROOM 7

Sautéed mushrooms with butter and garlic in a hot creamy cheddar cheese pool of sauce

### HUMMUS KAVOURMA 7

Pan fried lamb and peanuts, served on a bed of hummus

### BUTTERFLY PRAWNS 8

Tiger prawns in shell with garlic butter, white wine sauce and parsley

### PAN FRIED CHICKEN LIVER 7

Sautéed chicken liver with butter and herbs, served with red onion.  
Spicy option available

### HALLOUMI & MUSHROOM 7

Sautéed halloumi cheese with sliced mushroom pan fried with butter and herbs

### LAHMACUN 5.5

Very thin Turkish pizza topped with seasoned minced lamb, onion, tomatoes, parsley and red peppers

### MUCVER 6

Courgette, feta cheese, flour, parsley, mixed & deep fried

## COLD MIXED APPETISERS

For 2 People

Hummus, Cacik, Taramasalata,  
Yaprak Sarma, Shakshuka, Babaganoush

15

## HOT MIXED APPETISERS

For 2 People

Halloumi, Sucuk, Calamari, Falafel,  
Sigara Boregi, Mucver

18

## SALADS

### GREEK SALAD 8

Lettuce, cucumber, tomato, onions, marinated olives and feta cheese

### AVOCADO SALAD 9

Avocado, lettuce, cucumber, onion, tomato and parsley, dressed with pomegranate sauce and olive oil

### GRILLED CHICKEN SALAD 11

Chicken breast, lettuce, crispy bread, mixed leaf, olive oil and lemon

### SALMON SALAD 16

Char-grilled salmon fillet on seasonal mixed salad with salad dressing

 VEGETARIAN  NUTS

Food allergies and intolerances: Before ordering your food and drinks, please speak to a member of staff if you have allergies or want to know more about the ingredients. The majority of our dishes contain bones and the bread has contact with cooked meat. Children should be supervised when eating. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. Some items may contain gluten. All menu items are subject to availability



# CHARCOAL GRILL

All dishes served with salad and a choice of rice or bulgar

## LAMB SHISH 19.9

Lean and tender lamb skewered and cooked over hot charcoal

## CHICKEN SHISH 17.9

Lean chunks of chicken skewered and cooked over hot charcoal

## LAMB CHOPS 22.9

Tender lamb chops seasoned and grilled over hot charcoal

## CHICKEN BEYTI 17.9

Char-grilled lean tender minced chicken seasoned with herbs and garlic

## ADANA KEBAB 17.9

Char-grilled lean tender minced lamb, marinated with herbs shaped over skewer

## IZGARA KOFTE 17.9

Seasoned and char-grilled tender lamb meatballs served with white beans, onions and chips  
(No salad, rice or bulgar)

## LAMB RIBS 19.9

Char-grilled and specially seasoned tender lamb ribs

## SPECIAL CHICKEN 18.9

Lean chunks of chicken breast skewered with mushroom and mixed peppers and cooked over hot charcoal

## CHICKEN WINGS 17

Marinated chicken wings grilled over hot charcoal

## MIXED SHISH (CHOICE OF ANY 2) 19

Lamb Shish - Chicken Shish - Adana Kofte - Chicken Beyti - 2 Lamb Chops (+£2)

## MIXED GRILL (CHOICE OF ANY 3) 22

Lamb Shish - Chicken Shish - Adana Kofte - Chicken Beyti - 2 Lamb Chops (+£2)

# YOGHURT DISHES

Served with rice

## CHICKEN İSKENDER 19.9

Lean chunks of chicken breast, skewered and grilled over charcoal, chopped on a bed of bread, topped with tomato sauce and yoghurt then drizzled with butter

## LAMB İSKENDER 21.9

Lean and tender lamb, skewered and grilled over charcoal, chopped on a bed of bread, topped with tomato sauce and yoghurt then drizzled with butter

## ADANA KEBAB WITH YOGHURT 19.9

Char-grilled lean and tender minced lamb grilled over charcoal, chopped on a bed of bread, topped with tomato sauce and yoghurt then drizzled with butter

## SARMA BEYTI 19.9

Char-grilled lean and tender minced lamb or chicken, seasoned with garlic, wrapped in thin homemade bread and sliced into sections, placed on tomato sauce and yoghurt then drizzled with butter

# FISH DISHES

## FILLET SEA BASS 19.9

Pan fried fillet sea bass, served with mixed vegetables

## GRILLED SALMON 19.5

Fillet of salmon served with salad and rice

## KING PRAWNS 20

Char-grilled king prawns in shell, marinated with garlic and herbs, served with rice and salad

## MONK FISH KEBAB 21

Char-grilled succulent pieces of monk fish with mushrooms and mixed peppers served with rice and salad

## MIX FISH KEBAB 22

Chunks of salmon, monk-fish and shelled prawns are skewered with mushrooms and mixed peppers served with rice and salad

## KING PRAWN CASSEROLE 21

Peeled king prawns with mushrooms, peppers, garlic and topped with a special tomato sauce, served with rice

## CALAMARI 19

Fried fresh squid, served with homemade tartar sauce and lemon, served with chips and salad

# HOUSE SPECIALS

## KLEFTICO / LAMB SHANK 19.9

Slow roasted lamb shank in a rich tomato sauce and vegetables, served with rice

## CHICKEN CASSEROLE 17.9

Tender chicken pieces, mixed with mushrooms, peppers, tomatoes and onions, topped with tomato sauce, served with rice

## LAMB CASSEROLE 18.9

Tender lamb pieces, mixed with mushrooms, peppers, tomatoes and onions, topped with tomato sauce, served with rice

## MEAT MOUSSAKA 18.5

Minced lamb placed within layers of aubergines, potatoes, courgettes, garlic, onion, mixed peppers, béchamel sauce, glazed over with cheese and tomato sauce, served with rice and salad

## TURKO BURGER 17

Minced kofte balls, topped with caramelised onion, lettuce, tomato and melted cheddar cheese, served with chips

# STEAKS

Served with chips and salad

## SIRLOIN STEAK 25

Choice of peppercorn or mushroom sauce

## RIB-EYE STEAK 28

Choice of peppercorn or mushroom sauce

# VEGETARIAN

Served with rice and salad

## FALAFEL (V) 14.9

Ground chickpeas and broad beans, blended with mixed herbs, vegetables, deep-fried until crispy and crunchy on a bed of creamy hummus

## VEGETARIAN MOUSSAKA (V) 17.9

Layers of aubergine, potatoes, courgettes, carrots, onions, peas, mixed peppers & chickpeas with bechamel sauce glazed over with cheese and tomato sauce

## VEG & HALLOUMI CASSEROLE (V) 16

Pan fried mixed vegetables with special tomato sauce and halloumi

## VEG KEBAB (V) 15

Grilled mixed vegetables with tomato sauce

## IMAM BAYILDI (V) (N) 15

Roasted aubergine, stuffed with tomato, onion mixed peppers, nuts and herbs

## CHICKEN SPECIAL

(For 2 - 3 People)

Cold Mix Meze, Chicken Shish,  
Chicken Beyti, Chicken Wings & Legs

49.5

## CHEF'S SPECIAL

(For 2 - 3 People)

Cold Mix Meze, Lamb Shish, Chicken Shish  
Adana, Chicken Beyti, Chicken Wings

Served with Rice & Salad

58

# KIDS

Smaller dishes for under 12's, Served with chips

## LAMB SHISH 10

## CHICKEN NUGGETS 8

## CHICKEN SHISH 9

## CHICKEN WINGS 9

## IZGARA KOFTE 9

## BURGER 8

Chicken or Beef

# SIDES

## RICE 4

## BULGUR 4

## CHIPS 4

## YOGHURT 4

## ASPARAGUS 5

## BREAD 1

## SAUTÉED POTATO 5

## PAN FRIED MIXED VEGETABLES 6